John McDowell

Campus Missionary & Co-Founder



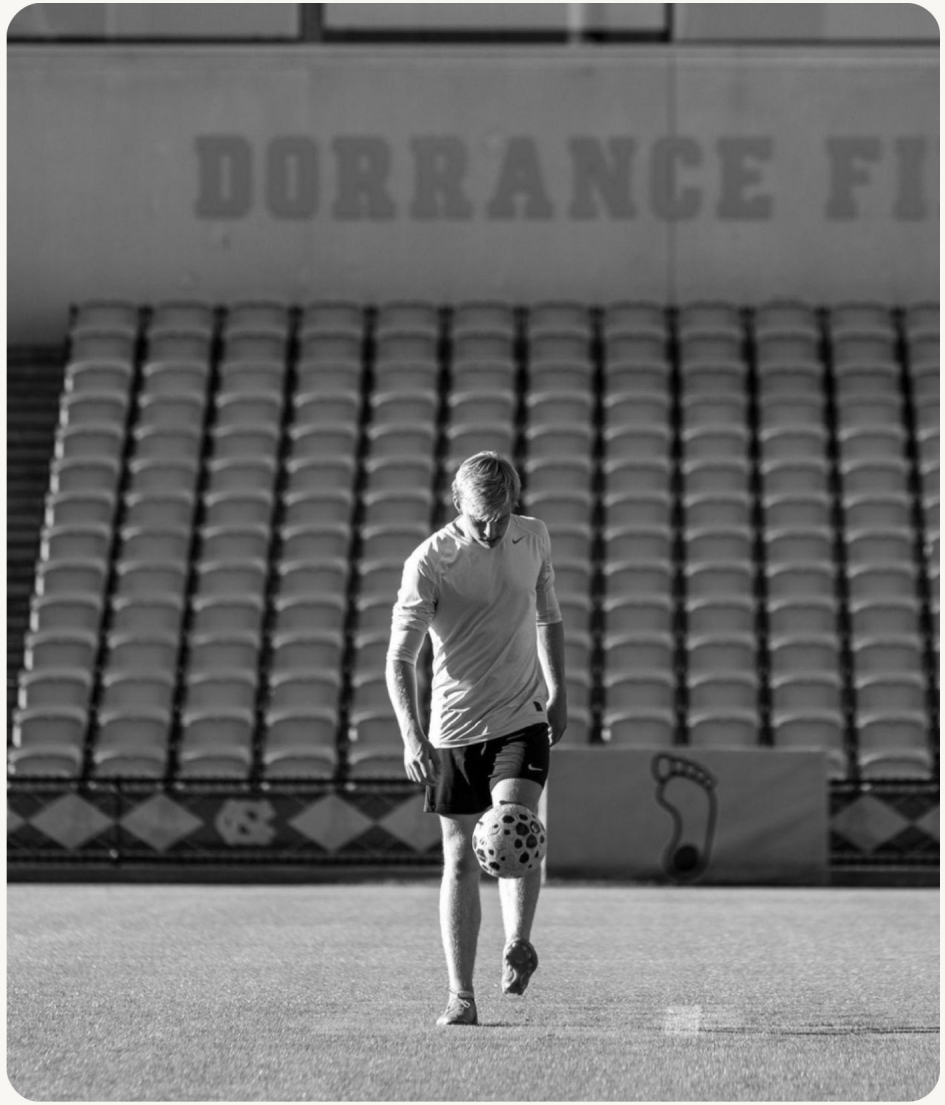
JOHN MCDOWELL

More about me

01 Graduate student-athlete on Belmont University's men's soccer team

02 UNC–Chapel Hill graduate

03 Entrepreneur and co-founder of Brick x Brick



MY STORY

I grew up in a Christian household full of faith, but I wrestled with anxiety, the approval of man, performance, and the fear of the future. When my uncle challenged me to get in the Word for 100 days in a row, I read Isaiah 6 and felt the full weight of my sin for the first time. That night, chains broke off of me. I recommitted my life to Christ and got baptized.

The Lord then called me to UNC to play Division I soccer. Even while leading in ministry, I ran dry, until He took me to John 15 and taught me to rest, be interruptible, and abide.

He taught me to receive His love rather than achieve it.

In December 2024, every area of my life felt out of control, and I heard the Lord whisper, “Let Me love you.” For the first time, I let Him love me and father me.

Around that time, the Lord gave my brother Austin Alexander and me the same vision separately: living rooms and gatherings centered around Acts 2:42, from campus to campus and city to city. He spoke over it with the words “Brick x Brick.”

Today, He has called me to Nashville to build on Belmont University’s campus, gathering the hungry, discipling athletes, and equipping leaders across campuses, cities, and nations.

Lord, here I am. Send me.

WHAT I SAW

The need

I saw leaders across different spheres burned out, spiritually dry, and longing for more, but unsure where to go.

> **Spiritual dryness.**
> **Burnout.**
> **A longing for real fellowship.**

My heart became burdened to make room for the hungry to encounter His presence and walk deeply with His people.



GEN Z

The harvest is ripe

2 in 3

Gen Z are highly or moderately spiritually open

SPIRITUALLY OPEN

46%

are highly spiritually open

GEN Z TEENS

28%

still are. The openness fades as they leave campus

GEN Z ADULTS

37%

of Gen Z in 2023, up from 28% in 2020

NEVER ATTEND CHURCH

The harvest is ripe

<5%

of the average North American college campus is reached for the Gospel

EVERYCAMPUS

51%

of Protestant pastors have considered stepping away from ministry, the highest ever recorded

BARNA GROUP

38%

of U.S. pastors have seriously considered quitting full-time ministry

BARNA GROUP

DAILY LIFE

Living it Out

Nothing manufactured, just following the lead of the Holy Spirit through daily life.

Campuses

Fellowship, prayer, worship, teaching, and the breaking of bread.

Soccer locker room

Bible studies, encouragement, and heart-level conversations.

Living rooms & cities

Hospitality, personal discipleship, and relationships with hungry leaders.



THE HOPE OF THE GOSPEL

For souls to know Jesus and hearts to come alive in Him.

Through His death and resurrection, Jesus brings us from darkness into light and restores our relationship with the Father.

My desire is for people to receive His love, find their identity in Jesus, and walk in the freedom of His Spirit.

THE MINISTRY

Brick x Brick Ministries

bxb.global

VISION

BRICK X BRICK

Equipping hungry leaders to build communities centered around Acts 2:42.

MISSION

To proclaim Jesus in our generation, equip students for prayer and evangelism, strengthen existing campus ministries, and connect students to local healthy churches.

Gospel-Centered

Spirit-Empowered

Family-Oriented

Mission-Driven

WHAT WE BUILD

Equipping athletes & leaders

01

Receive His Love

Receive His love. Grow in identity, and abide in Jesus.

BIBLICAL TEACHING

02

Build Community

Walk deeply with His people through the rhythms of Acts 2:42.

SPIRITUAL FORMATION

03

Tell Everyone

Share the Gospel. Equip people to make disciples.

HANDS-ON MINISTRY

My role

Discipleship & Teaching

Disciple students and athletes; teach Scripture individually and in groups.

Leadership & Prayer

Help steward vision, lead prayer meetings, and equip leaders.

Worship & Gatherings

Support worship training, songwriting, recordings, and ministry nights.

Partnerships & Ministry Spaces

Build donor and partner relationships; help plan ministry properties and houses of prayer.

Media & Communications

Develop teachings, podcasts, videos, websites, and the online hub.

Operations & Travel

Strengthen organizational systems and serve through campus visits and conferences.

BRICK X BRICK & RELIANT

Reliant supports the people carrying the mission.

501(c)(3)
nonprofit serving other ministries

35 years
of missionary mobilization

Over 3,000
Gospel workers sent worldwide

Employment
services for ministry workers

Donor support
with the highest integrity

Through Reliant, I raise support for my ministry with Brick x Brick.

THE INVITATION

Come build with me.

I cannot do this alone. Will you join me?

01

PRAYER

Pray for me and those we serve.

02

PARTNERSHIP

Connect me with others who share the vision.

03

PROVISION

Support my ministry through financial giving.

03 — PROVISION

Support through provision

Will you join me in reaching those who need Jesus?

I am called by God to reach students, athletes, and leaders with the Gospel and make disciples. Your partnership through Reliant supports my work with Brick x Brick, including campus ministry, worship gatherings, and the Spring 2027 Tour.

Together, we can see lives changed by Jesus.

RELIANT

Reliant Mission depends on generous gifts to mobilize ministry workers like me. I am responsible for seeking the ongoing resources for my work with Brick x Brick.

Will you join our team at one of these amounts?

$250	$100	$50	$ ____
Monthly	Quarterly	Annual	Special

Ministry worker	**John McDowell**
Ministry fund number	**3563**

ECFA · MISSIO NEXUS · WEA Est. 1846 World Evangelical Alliance · NAE | National Association of Evangelicals

GIVE THROUGH RELIANT

How to give

Support my ministry work through Reliant.
reliant.org/john.mcdowell

01 Click “Give Now.”

02 Create an account and choose your gift.

03 Enter payment information.

Giving help: 877.614.4600 · gift.services@reliant.org

Scan to give

reliant.org/john.mcdowell

Support through partnership



Who comes to mind who shares a heart for this work?

- Family and friends
- Church and ministry relationships
- Coaches, athletes, and teammates
- People with a heart for discipleship

01 — PRAYER

Support through prayer

For teammates and students to know Jesus.

For athletes and leaders to grow as disciples.

For gatherings marked by His presence and real fellowship.

For wisdom, provision, and open doors.

Consider joining the Brick x Brick Intercessors teams to contend for the faith alongside John.



Life in community



Brick x Brick Community Live Recording

Watch on YouTube